

Harmonic
Presence
Foundation
2010

HARMONIC PRESENCE

DAVID HYKES

Harmonic Presence Online Program

HARMONIC CHANT, MEDITATION TRAINING & HEALING HARMONIZATION:

www.harmonicpresence.org E-mail: harmonicworld@gmail.com Tel. +1 631 903 4460 or +33 952 56 74 69

The Harmonic Presence work of David Hykes blends sacred music, meditation training and healing harmonization. The aim is to help us attune to Reality, the source of true Harmony, and to realize its purest expression in our lives. Music can really help. Harmonic Chant is a universal sacred music based on the natural harmonic presence found in all music, the human voice, and throughout the universe.

Discovered and shared world-wide since 1975 by teacher, composer, and singer David Hykes, Harmonic Chant (harmonic singing) can help us discover the deepest levels of Harmony inside and out, through finer and finer octaves of awareness and resonance. An original pioneer in the modern exploration of harmonic consciousness, David's seminal work, relating cosmology, spirituality, meditation and healing, is the fruit of 30 years of discoveries and exchanges with both Eastern and Western masters, musicians and scientists.

David has collaborated with H.H. the Dalai Lama, the Mind and Life Institute, the Gyuto and Gyume Monks, and composed music for the sacred films "Vajra Sky Over Tibet," "Baraka," "Travellers and Magicians," and "Meetings with Remarkable Men. He has shared his work around the world since 1980 and has received many awards, from the National Endowment for the Arts, UNESCO, the Rockefeller Foundation, among others. David's 12 albums, from the legendary "Hearing Solar Winds" to the recent

"David Hykes's music is haunting and transporting. It takes you some place like the Sahara desert, somewhere completely otherworldly. It transports you to the Ancient Time. From the moment I heard it, there was no doubt." --Dzongsar Khyentse Rinpoche

"Harmonic Worlds," and his 30 years of work with groups all over the world, including The Harmonic Choir, the West's pre-eminent overtone ensemble, bear witness to the artistic integrity and originality of the work.

From the scientific point of view, the harmonics that began to resonate following the Big Bang still vibrate today. They're called the Cosmic Background Radiation, and

permeate the infinite space of the entire universe. Our inner world's symphony of thoughts, feelings, and sensations, and the miracle of music and the human voice, also seem to arise from some primordial harmonic place. What was the nature of the very first vibration? From non-being to being, what made that leap of Love? In the Harmonic Awareness work, we seek to get to the heart of the matter, using deep listening and the joy of resonance to find the music of the spheres in our own hearts, minds, and bodies.

In becoming quiet and vibrant enough, we can better attune to the reality of "what is" at every level, from the "music of the spheres" to this life on Earth. By intensive practice of Harmonic Chant, by hearing the true scale of the music inside and out, and by dedicated meditative practice, one can advance toward the goal of awakened awareness and actual harmony in our actual lives. As if by magic, we can find again the joy and harmony of the resonant heart and the clearer light of the awakening mind.



"David Hykes has opened a new dimension in music; he has in fact brought us the music of the spheres..."

--Yehudi Menuhin, world-renowned violinist

David Hykes, Pommereau, France



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THE HARMONIC PRESENCE ONLINE PROGRAM WITH DAVID HYKES

The HARMONIC PRESENCE ONLINE PROGRAM is comprised of individualized online sessions with David Hykes, based on the musical, healing, spiritual, and scientific dimensions of his work, attuned to the specific needs of each participant.

The aim is to share the Harmonic Presence work and Harmonic Chant with you in an effective and inspiring way. The main aim of these teachings and this music, is to nourish your search for essential harmony, realization, and awakening.

The Program allows participants of all levels of experience in musical, spiritual and meditative studies to work with David through live sessions on the Internet, e-mail course work, and audio exchange. Participation in the Program can serve as a complement to participation in the regular Harmonic Presence retreats and seminars, or if necessary as a stand-alone study program. The Program covers key aspects of both the universal music known as the Harmonic Chant, as well as key points of the meditative, healing, and daily practices and principles of the Harmonic Presence work.

Students wishing to join the program should send a letter of intent outlining their motivation, experiences and aims to harmonicpresence@gmail.com.

The study program begins with a first exchange by e-mail, phone call, or meeting to discuss the Harmonic Chant and the Harmonic Awareness work

and establish a study plan, specific to the person and in light of what the Program offers and requires. A main aim of the Program is to help the participant develop a personal, evolving practice for both during the Program and after.

Each on-line session lasts an hour and is recorded and sent as an audio file to the participant for download. Follow-up before and after each session is by e-mail, Internet audio files, or telephone. Participants accepted into the Program are in regular contact with David Hykes and receive regular course support, feedback and counsel.

Each session cycle typically takes 1-3 weeks, and a complete 8-lesson Cycle, about 3 months. Time to listen, time to practice (repeat until Enlightenment)!

Tuition for the Cycle is \$1200, and is due in full before each Cycle. Payments can be made by check, by bank wire, or PayPal (3% additional fees apply). There are no refunds after the student has begun the Cycle. Individual sessions are \$200.

FOR MORE INFORMATION, please e-mail the Foundation by at harmonicpresence@gmail.com, or call either the US or French office: +1 203 987 5416 (skype/global) or +33 952 56 74 69